

Clinical workshop

Subject **"Practical issues on clinical investigation and treatment of childhood obesity"**

Organizers: **European Childhood Obesity Group (ECOG), Hellenic Medical Association for Obesity, A' Department of Paediatrics University of Athens**

Opening lecture

- Growth, Development and Childhood Obesity
Prof. George Chrousos

Lectures

- How can we investigate an obese child?
Dr. Andriani Gerasimidi-Vazeou
- Body composition. Do we need to evaluate it? Which are the best methods?
Dr. Angelo Pietrobelli
- Which is the ideal diet for an obese child or adolescent?
Prof. Maria Hassapidou
- Physical activity. What kind and how often?
Prof. Liz Lenard
- Individual, family or community approach?
Prof. Margherita Caroli
- Defining and labelling 'healthy' and 'unhealthy' food
Prof. Tim Lobstein
- Acute and chronic complications; how to follow up and how to treat
Prof. Bessy Spiliotis

Debate

- Are drugs suitable for morbidly obese children?
Prof. Denes Molnar
- Is bariatric surgery suitable for morbidly obese children?
Prof. Thomai Karagiozoglou